Within the next 10 years, Community Memorial Foundation (CMF) aims to unite 27 communities under one agenda with one goal: to measurably improve the health of those who live and work in our region.

Since a healthier community is our destination, the Regional Health and Human Services Agenda for the Western Suburbs is our roadmap for the journey ahead. The Agenda is an extension of the Foundation’s responsive grantmaking and strategic programming, and it is our intent that community members, businesses, nonprofit agencies, schools and congregations will develop their own unique strategies to address Agenda Priorities and achieve collective impact. Just as a map has mile markers, the Agenda has a series of indicators that will mark our progress on the road ahead.

As we take the next step toward becoming the healthiest region in the country, the Foundation would like to acknowledge the hard work and dedication of our grantee and community partners. These agencies, and those who support and sustain them, continually navigate the peaks and valleys of an ever-changing landscape to climb the summits of equality, access and care. We at the Foundation are fortunate to have been your traveling companions for more than twenty years, and look forward with anticipation toward all we can accomplish together on the road ahead.

With gratitude,

Michael Bruni
Chair of the Board
Community Memorial Foundation

Gregory DiDomenico
President/CEO
Community Memorial Foundation
VALUES

OUR VALUES ARE THE OVER-ARCHING THEMES AND BELIEFS THAT GUIDE US TOWARD BECOMING A HEALTHIER REGION.

✦ Coordinated, Person-Centered Health and Human Services Delivery Systems
  Coordinated health and human services ensure that all of our neighbors can stay healthy, safe and active.

✦ Transformational Leadership in Health and Human Services
  Our region nurtures the development of leaders that are well-trained, service-oriented and reflect the diversity of our communities.

• Community Self-Awareness, Knowledge and Equity
  We recognize and support our neighbors who encounter health, social and economic barriers.

• Prevention, Quality and Active Living
  Our communities encourage and support an active and healthy lifestyle across all age groups.

• Health Data Sharing and Information Systems
  Our health departments, hospitals and social service organizations readily, easily and securely share health data.

We, as a community, are committed to the VALUES and PRIORITIES listed on these pages which will define us as the healthiest region in the country.

PRIORITIES

OUR PRIORITIES DEFINE THE FOCUS FOR OUR REGION’S COLLECTIVE ACTION, USING OUR VALUES TO GUIDE THE IMPLEMENTATION OF EACH PRIORITY.

✦ Communities with Accessible, High-Quality Health and Human Services for All
  Our region houses exceptional health and human services that all neighbors can obtain easily.

✦ Stigma-Free Communities that Promote Good Mental and Behavioral Health and Treat Those in Need
  Our neighbors talk openly about mental health and wellness, identify signs and symptoms of mental illness and respond appropriately.

• Well-Nourished and Active Residents, Free of Preventable Chronic Disease
  Everyone in our region is able to eat healthy and regularly engage in physical activity.

• Safe, Accessible Communities Free from Violence and Preventable Injuries
  Every resident can enjoy our communities and all they have to offer, free from violence in our homes and on the street.

• Communities with Better Incomes, Jobs, Education and Housing
  All our neighbors have access to jobs that pay a living wage, as well as good schools and affordable homes.

To view the Agenda in its entirety, along with corresponding indicators, visit: cmfdn.org/regional-health-and-human-services-agenda

✦ Over the next 18 months, the Foundation will primarily focus on these strategies to build a healthier region.
THE INDICATORS

OUR MILE MARKERS FOR THE ROAD AHEAD

Each Priority in the Agenda has corresponding short and long-term indicators that will track the progress toward achieving our vision over a ten-year time frame. Developed with assistance from the University of Illinois at Chicago School of Public Health, the indicators are benchmarked with baseline data from publicly available sources. Overall, regional results will include fewer ER visits and fewer hospital admissions for illnesses such as diabetes, heart disease, asthma and mental illness. An example of an indicator for each Priority is provided below.

ACCESS: Increase in cross-sector referrals between health and human services

MENTAL HEALTH: Increase in capacity of professionals and lay providers trained to provide mental and behavioral health services

CHRONIC DISEASE PREVENTION: Increase number of providers, organizations, schools and employers providing programs supporting healthy weight and nutrition

SAFE COMMUNITIES: Sustained decrease in reported rates of domestic violence, sexual assault, and elder and child abuse

HEALTH EQUITY: Decrease in insurance coverage disparity by municipality

While select indicators are listed here, the full list of indicators with corresponding priorities can be viewed at: cmfdn.org/regional-health-and-human-services-agenda
THE DEVELOPMENT OF THE RHHS AGENDA AND OUR COMMUNITY’S COLLECTIVE CALL-TO-ACTION

THE REGIONAL HEALTH AND HUMAN SERVICES AGENDA (RHHS) IS A COMMUNITY-GUIDED, COMMUNITY-OWNED INITIATIVE.

With strategic direction from the Board of Directors, and developed in consultation with McAlpine Consulting for Growth and the University of Illinois at Chicago School of Public Health, the Agenda was established with input from a multi-sector Advisory Council and focus groups comprised of grantees and community stakeholders. Participants were asked to consider whether these were the right set of priorities for our community; what the biggest challenges to addressing these priorities might be; and how they might participate in implementing the regional agenda. The discussions were illustrative and confirmed what the data supports; namely, the need for a collaborative, integrated approach to community health and well-being.

The following pages illustrate community data compiled from the DuPage Federation on Human Services Reform, Rob Paral and Associates and the Sargent Shriver National Center on Poverty Law. The Regional Health and Human Services Agenda aims to address the highlighted community needs with collective impact, in an effort to support and sustain our regional transformation.

FOR ADDITIONAL DATA RELATED TO OUR COMMUNITY HEALTH PROFILE, PLEASE VISIT: CMFDN.ORG/DATA

REGIONAL HEALTH AND HUMAN SERVICES AGENDA ADVISORY COUNCIL

Anthony Perry, MD  
Co-chair  
Board of Directors  
Community Memorial Foundation  
Vice President for Ambulatory Care and Population Health  
Chief Medical Officer  
Rush University Medical Group  
Grace Hou  
Co-chair  
President  
Woods Fund of Chicago  
Deborah Daro, PhD  
Associate Professor and Research Fellow  
Chapin Hall Center for Children at the University of Chicago  
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Director, External Affairs  
AT&T  
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DuPage County Health Department  
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Sargent Shriver National Center on Poverty Law  
Reverend Bonnie Condon  
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Advocate Health Care  
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Vice President  
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CEO  
Thresholds  
Vince Keenan  
Executive Vice President  
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Timothy Kiirea, PhD  
Superintendent  
Lyons Township High School District #204  
Margaret Kirkegaard, MD  
Hinsdale Family Medicine & Principal Health Management Associates  
Kenneth Nelson, MD  
Co-Founder  
Prairie Medical Group & Co-Founder  
CURE Network  
Edward Pont, MD  
Pediatrician  
DuPage Medical Group & Chair  
Care Coordination Subcommittee of the Medicaid Advisory Committee  
Leslie Ramyk  
Executive Director  
Ravenswood Health Care Foundation & Executive Director  
Illinois Association of Free and Charitable Clinics  
Lorrie Rickman Jones  
Mental Health Policy Advisor  
Jane Addams Center for Social Policy and Research  
Jesse Rosas  
Executive Director  
Proviso Township Mental Health Commission  
Jennifer Rosenkranz  
Senior Program Officer  
Michael Reese Health Trust  
Tina Rounds  
Executive Director  
BEDS Plus  
Keith Suchy, DDS  
Board Chair  
Chicago Dental Society Foundation Dental Clinic  
Valerie Webb  
Regional Health Officer  
Cook County Department of Public Health
WHO WE ARE

27 COMMUNITIES
spanning western Cook and southeast DuPage Counties
(see map on page 13)

337,000 residents
27,000 live below the poverty level

PASSPORT TO HEALTH

The percentage of uninsured persons throughout the 27 municipalities served by CMF ranges from less than 1 in 6 people lack health insurance in Broadview, Stickney & Summit.

2009–2013 American Community Survey of the U.S. Census Bureau

The percentage of uninsured persons throughout the 27 municipalities served by CMF ranges from less than 2% to almost 30%.

35,719 people lack health insurance in CMF communities

THERE IS A NEED FOR HEALTH INSURANCE COVERAGE

Our community is growing more diverse

<table>
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<tr>
<th>Year</th>
<th>African American non-Latino</th>
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<td>4%</td>
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<tr>
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<td>6%</td>
<td>5%</td>
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2009–2013 American Community Survey of the U.S. Census Bureau

More than 1 in 6 people lacks health insurance in Broadview, Stickney & Summit.

1 | 2009–2013 American Community Survey, Table B27001: Health Insurance
2 | Summary of Key Trends in the Service Area of the Community Memorial Foundation (Rob Paral and Associates, 2012)
MENTAL HEALTH CONCERNS ARE A PRIORITY FOR OUR COMMUNITY

1 IN 4 ADULTS
(25%) is diagnosed with a mental disorder in a given year.
National Average. 3

Both Suburban Cook (26.9%) and DuPage (29.9%) county residents indicated their mental health was not good 1–7 days in the past 30 days 4

ONLY 74 OF THE 875
private behavioral health providers in the CMF Service Area accepts Medicaid
This number does not include the local Federally Qualified Health Centers who provide stellar primary and behavioral health services throughout our community, regardless of one’s ability to pay 5

NUMBER OF BEHAVIORAL HEALTH MEDICAL PROVIDERS IN THE COMMUNITY MEMORIAL FOUNDATION SERVICE AREA

Behavioral Health Providers

<table>
<thead>
<tr>
<th>Provider</th>
<th>Number</th>
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<tr>
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<tr>
<td>Broadview</td>
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<tr>
<td>Brookfield</td>
<td>11</td>
</tr>
<tr>
<td>Burr Ridge</td>
<td>20</td>
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<td>Clarendon Hills</td>
<td>3</td>
</tr>
<tr>
<td>Countryside</td>
<td>23</td>
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<tr>
<td>Darien</td>
<td>11</td>
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<tr>
<td>Downers Grove</td>
<td>160</td>
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<td>Hickory Hills</td>
<td>25</td>
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<tr>
<td>Hinsdale</td>
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<tr>
<td>Justice</td>
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<tr>
<td>Lyons</td>
<td>4</td>
</tr>
<tr>
<td>North Riverside</td>
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<tr>
<td>Oak Brook</td>
<td>190</td>
</tr>
<tr>
<td>Riverside</td>
<td>8</td>
</tr>
</tbody>
</table>

TOTAL 875

3 | National Institute of Mental Health, 2013
4 | Illinois Behavioral Risk Factor Surveillance System
5 | Rob Paral and Associates, 2015

Rob Paral and Associates 2015
The Regional Health and Human Services Agenda has the potential to be a catalyst for change throughout our region, but this type of transformation is only possible through cross-sector collaboration. Community Memorial Foundation invites all our partners — non-profit leaders; funders; health providers; practitioners; business and civic leaders — to join us on our journey toward becoming the healthiest region in the country.

IF YOU ARE INSPIRED BY THE AGENDA AND THOSE IT SERVES, WE ENCOURAGE YOU TO:

• Email info@cmfdn.org to indicate your interest in working toward the Agenda Priorities.
• Share the Agenda with your colleagues and help build support for its implementation.

Community Memorial Foundation (CMF) is a private, independent foundation established in 1995. CMF’s grantmaking and community work are guided by its mission — to measurably improve the health of those who live and work in the western suburbs of Chicago. Throughout 20 years of investing in the region, CMF has awarded more than $65 million dollars to non-profit organizations in the western suburbs of Cook County and southeastern portion of DuPage County. cmfdn.org

CUMULATIVE GRANTS DISTRIBUTED

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